

Kimberly Nichols
Co-Founder, Executive Director



Welcome!

Join us in our effort to save our girls from mediocrity and promiscuity and help us grow their self esteem and educate them in life skills. Join S.A.V.Y and become an Affiliate Site!

Successful and Victorious Youth, Inc. is a 501 © 3 nonprofit whose mission is to inspire young women to reach their full potential and motivate them towards excellence. Inspiring girls to excellence instead of mediocrity means providing them with the tools and an outlet where they are not only challenged to set a standard for their academic endeavors but in their personal growth and development as well. S.A.V.Y provides Personal Growth and Life Skills programs for girls. Our strategy for accomplishing this mission is to form affiliate partnerships with schools, community centers and youth groups. S.A.V.Y's **“Inspire Me”** girl empowerment sessions are designed to challenge young women in their thinking, strengthen them in their personal view of self, and cultivate them in leadership and striving for excellence instead of mediocrity. Our curriculum covers topics and themes specific to issues our girls are dealing with today.

We welcome you to join S.A.V.Y by becoming one of our affiliate sites and implementing our Inspire Me to Excellence™ model at your school location, community center or youth group.

How does the partnership process begin?

First, the Inspire Me to Excellence affiliate site application (see attached) should be completed by the principal or the community center administrator or youth group leader and faxed to our office as soon as possible. Upon receipt of the application the principal/community center administrator/social worker or youth leader will be contacted.

How does the Inspire Me Empowerment sessions work?

Girls meet weekly during after school hours for up to 2 hours for 21 weeks (6 months). These sessions are led by a group leader/facilitator (social worker, guidance counselor, teacher, etc. and must be fingerprinted). It's quite simple S.A.V.Y provides the group leader/facilitator with a Facilitator Manual which includes insight to lead and engage girls in group settings, as well as everything she will need to get started and lead her Inspire Me Empowerment sessions successfully.

We also provide the curriculum activity lesson plans which focuses on themes relevant to teen girls, for each session for the 21 weeks. These activity lessons are interactive and allow the participants an opportunity to learn, be empowered and have fun at the same time. In addition

S.A.V.Y will support the school, community center or youth group and the group with ongoing technical assistance to assure a successful program at the site.

Should we put all grades and or ages together for the Inspire Me Empowerment sessions?

We recommend that you do not. Our curriculum is designed to be age specific or grade specific. We have several different curriculums. The activity lessons are designed for age appropriateness. The group leader/facilitator can use the curriculum for a specific grade i.e. 9th grade or use it for age appropriateness, 12-13, 14-15 year, 15-16 years or 16-17 years.

What qualifications are needed for facilitators?

The most important qualifications for facilitators are to have patience, be trustworthy, good listeners, responsible, have a positive attitude and have a passion to work with girls. Finger printing should be done if not finger printed already.

Can Inspire Me Sessions be facilitated by males?

The Inspire Me to Excellence initiative is designed to be gender specific, therefore it is best to have females facilitate the sessions. Although girls do need positive male figures, Inspire Me Sessions are for girls to express themselves fully and freely based on curriculum themes relevant to them, while learning and having fun without having to feel awkward.

How many girls should I have in the group?

No more than 15 girls should be in the group at a time. It may also be a good idea to consider having a co-facilitator. Girls tend to bond better in smaller group settings and feel more comfortable expressing themselves. Small groups also make it easier for the facilitator to keep the sessions under control and bond with the group as well.

Note: The Inspire Me to Excellence model has proven to be successful and needed. Implementing the model at the school site affords girls an easy opportunity to get connected to something positive where they can express themselves, learn and grow!

We have purposed to make this process as simple yet as efficient as possible. We look forward to your school or community center joining us as an affiliate site and helping us to Inspire girls to reach their full potential and motivating them towards excellence!

In The Spirit of Girls,

Kimberly Nichols

Kimberly Nichols

Curriculum Themes:

- Character Development & Positive Relationships
- Identifying Gifts & Talents
- Valuing Self & Body Image
- Navigating Challenging Situations
- Setting & Achieving Goals
- Respecting Diversity
- Money Management
- Future Educational & Professional Development
- Service Learning

Some stats about S.A.V.Y:

- Over 300 girls have been served through our program and assemblies
- 100% of S.A.V.Y's seniors graduated from high school
- 99% avoided teen pregnancy
- 100% were accepted to college
- Over 80% of participants said they have enjoyed participating in a girls group program

Recognitions/Press:

- Trinity Broadcasting Network – Joy In Our Town
- Concord Christ Fund
- 1,000 Women for Mentoring Initiative
- Ebony Magazine and The Makers of Pine Sol
- Trace Magazine
- New York Newsday
- BET.Com

The attached provides detailed information and an application to become an affiliate site. Please read the Affiliate Site information below carefully.

Inspire Me to Excellence Affiliate Site Application

Affiliate Sites

- ✓ Requires the approval of the principal or community center administrator
- ✓ Requires a female adult(s) to facilitate the sessions to the girls (must be fingerprinted)
- ✓ Is responsible for identifying the group leader/facilitator to lead the sessions
- ✓ Group Leader/Facilitator is required to review the Group Leader/Facilitator Handbook (will be provided)
- ✓ Are responsible for recruiting participants for the Inspire Me Sessions
- ✓ Group Leaders/Facilitators are responsible for completing monthly program reports and emailing them to S.A.V.Y (email: inspiremesessions@gmail.com)
- ✓ Facilitators are responsible for identifying community service projects and exposure activities for their group
- ✓ Are responsible for providing a maximum of fifteen girls to participate in the Inspire Me Sessions.
- ✓ Are responsible for providing space for weekly Inspire Me sessions
- ✓ Snacks for participants

S.A.V.Y Provides

- ✓ Facilitator Manual (Includes Leading Girls group overview, Facilitator Contract, Student Applications, Parent Consent Forms, Attendance Log Sheet, and Pre and Post Evaluation Surveys, monthly report forms, icebreaker activities and more)
- ✓ Ongoing program support and facilitator technical assistance to insure a successful program at the affiliate site
- ✓ Comprehensive curriculum for weekly Inspire Me Empowerment sessions (21 weeks)

**Tee Shirts (additional cost, you may contact our vendor, Tonya Thomas at Visual Solutions Unlimited, LLC. (o) 301.277.0808 / (direct) 202.498.5693, who already has our logo, to print your tee shirts, email: info@vsunlimited.com.

Cost

Absolutely Free!

S.A.V.Y - Inspire Me to Excellence

Application

Affiliate Information

Name of School, Community Center or Youth Group: _____

Principal, Center Administrator or Youth Leader: _____

Address: _____

City, State, Zip: _____

Ethnicity %: _____

Students (Girls)

*Can you provide

_____ A maximum of 15 girls for the Inspire Me Sessions

Space

*Can you provide space for the Inspire Me Sessions

_____ For two (2) hours each week for 21 weeks

_____ On the same day each week, same time

_____ Yes, my (please circle one) school/community center/youth group is interested in becoming an affiliate site with S.A.V.Y and implementing the Inspire Me to Excellence model.

Signature of Principal / Community Center Administrator/ Youth Leader

Name & Signature of Group Leader/ Facilitator (s)

***Please fax a copy of application to 347-328-5187, Attn: Kimberly Nichols, Executive Director and mail the original to the address above. You will be contacted once all correspondence has been received.**